

MOST NEEDED ITEMS

- Canned Fruit, vegetables, fish, soups and meals
- Dried fruit and nuts
- Sauces and seasonings
- UHT milk and juices
- Coffee, tea and spreads
- **Rice, pasta and noodles**
- Cereal
- Shampoo and conditioner
- Soap and deodorant
- Dental floss, toothpaste and toothbrushes
 - **Tissues and toilet paper**
- **Feminine hygiene products**

Donation guidelines

- Within best before date
 - ✓ Unopened packaging
- ✓ Has ingredient/allergen listing



Did you know 1 in 5 people in Australia experience food insecurity each year?

Foodbank Victoria is the state's oldest and largest food relief organisation. In 2017/18, we distributed 8.4 million kilograms of staple, fresh and frozen foods, personal hygiene and household items through our network of more than 450 charity partners across Victoria. This volume is the equivalent of providing 15 million meals for Victorians in need.

Unfortunately thousands of people are turned away as there is not enough food to meet demand. Your donations will help Foodbank reach more people doing it tough. On behalf of them, we thank you.

WWW.FOODBANKVICTORIA.ORG.AU