

# HOLD A FOOD DRIVE AND HELP VICTORIANS DOING IT TOUGH

#### **MOST NEEDED ITEMS**

- Canned fruit, vegetables, fish, soups and meals
- Dried fruit and nuts
- Sauces and seasonings
- UHT milk and juices
- Coffee, tea and spreads
- **Rice, pasta and noodles**
- **Cereal**
- Shampoo and conditioner
- **Soap and deodorant**
- | Dental floss, toothpaste and toothbrushes
- Tissues and toilet paper

### **DONATION GUIDELINES**

- Within best before date
  - V Unopened packaging
- ✓ Has ingredient/allergen listing



#### **Feminine hygiene products**

## To register a food drive in your school, workplace or community group please email food@foodbankvictoria.org.au or call 03 9362 8300.

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