



**FIGHTING HUNGER
IN AUSTRALIA**

**FOODBANK WA
ANNUAL REPORT 2015/16**



ABOUT US

Who is Foodbank?

From humble beginnings, Foodbank has grown enormously to become the largest food relief organisation in Western Australia. We source and distribute food to over 500 agencies and 430 schools that feed the hungry. We are also the largest provider of nutrition education and healthy eating programs in the state.

HERE'S HOW WE MAKE A DIFFERENCE:



FOOD SOURCING & DISTRIBUTION

We have been fighting hunger in Western Australia since 1994 providing quality food to help feed those who don't know where their next meal is coming from. Today, we are the largest food relief organisation in the state providing over 5.7 million meals a year to people in need. We do this by sourcing surplus and donated food and grocery items. We also collaborate with the food industry and government to produce the key pantry staples needed to fight hunger.



HEALTHY EATING & EDUCATION

We recognise that fighting hunger involves more than just feeding people in times of crisis. Our qualified nutritionists and dietitians deliver a wide range of healthy eating programs across the state to help adults and children understand the benefits of good nutrition and teach them the skills necessary to prepare and cook nourishing meals for themselves and their families. Our School Breakfast Program is also the largest in the state, supporting over 430 schools to feed over 17,000 children every week so that they start their school day with full tummies. We believe education is key to healthier and happier futures.



REDUCING WASTE

We are working closer than ever with the food and grocery industry to source quality product that can't be sold due to damaged packaging, incorrect labelling etc that is still perfect for human consumption to help reduce the huge amount of food waste that reaches landfill every year. We also have our very own Community Kitchen at the Foodbank Centre for Hunger Relief which is making pre-packaged frozen meals and has helped reduce our waste which means more food is now reaching more people.

FOREWORD

Her Excellency the Honourable Kerry Sanderson, AC

“FOODBANK PLAYS A VITAL ROLE IN SUPPORTING FRONT LINE CHARITIES TO ENSURE WEST AUSTRALIANS IN NEED HAVE ENOUGH FOOD TO EAT.”



For many of us, some of our fondest memories are made when gathered around the dinner table or enjoying a picnic or a barbecue with our family and friends, but sadly this is not the case for everyone.

This year's Foodbank Hunger Report revealed that hunger is reaching crisis point across the country with 1 in 6 people experiencing food insecurity in the past 12 months.

Although Foodbank is providing more meals than ever throughout Western Australia there are over 7,000 people being turned away from charities due to a lack of food.

Increasingly, the working poor need help to put food on the table for themselves and their families.

Foodbank plays a vital role in supporting front line charities to ensure Western Australians in need have enough food to eat, but this only possible with continued funding and support from government, corporate partners and the wider community.

As patron I was delighted to join Hon. Peter Collier MLC, Minister for Education, and more than 50 schools and special guests to celebrate 15 years of Foodbank's School Breakfast program. The program is the largest of its kind in Australia, helping ensure that all children have an opportunity to start their school day with a nutritious meal.

I also had the opportunity of meeting some of Foodbank's Perth based volunteers, as well as some in regional WA, and celebrating their everyday role in fighting hunger. Their tireless work and dedication helps Foodbank to provide support to local families in need.

As demand for food relief continues to rise, Foodbank is not only helping provide meals; it is helping our State achieve a brighter future.

Together we can fight hunger.

A handwritten signature in blue ink that reads "Kerry Sanderson".

Governor

MESSAGE FROM THE CHAIR

Peter Mansell



“ OUR GROWTH REINFORCES THE FACT THAT HUNGER REMAINS A LARGELY HIDDEN CRISIS IN AUSTRALIA. THE FOODBANK HUNGER REPORT 2016 REVEALED THAT, EVERY MONTH, OVER 644,000 PEOPLE IN AUSTRALIA RECEIVED FOOD RELIEF LAST YEAR - 33% OF WHOM ARE CHILDREN. ”

As I reflect on the past year, I note that Foodbank WA has again increased its reach and impact. We distributed 5,744,324 meals in WA alone – and that does not include the meals provided under the School Breakfast Program. I wish that the external environment were otherwise and that the need for our services were declining.

Our new Foodbank Centre for Hunger Relief has not only provided additional capacity to source and distribute more food throughout the state, but it has also allowed us to expand our healthy eating programs and to launch new initiatives such as our community kitchen and community garden.

Our growth reinforces the fact that hunger remains a largely hidden crisis in Australia. The Foodbank Hunger Report 2016 revealed that, every month, over 644,000 people in Australia received food relief last year – 33% of whom are children. Irrespective of national economic growth Foodbank and its agency partners provide an essential service that is critical to many in need to provide a decent meal for themselves and their children.

We continued to deliver on our long-term infrastructure plan. This year building commenced on our new Foodbank Centre for Hunger Relief

in Geraldton. Geraldton is our largest regional branch providing 985,838 meals in the past year to people living in the Mid-West, Gascoyne and Murchison regions. Regrettably, this is expected to double to 2 million meals within the next 5 years. The new state of the art centre provides a sustainable solution to this growing demand.

Our School Breakfast Program is a key part of our hunger relief initiative. During the year under review, we provided 2,267,420 serves of breakfast to children who arrived at over 430 schools in WA without breakfast. Those schools are spread wide over the length and breadth of WA. It is a significant and well supported and executed logistical exercise.

Foodbank WA received generous support from state government, our corporate partners and from the general public. We were also pleased to receive additional funding from the WA Department of Health for the expansion of Food Sensations for Adults program. We thank them all for their generous support. Without them, we would be unable to provide the quantities of food that we do into the hands of those in need.

Last year, we purchased over \$500,000 worth of product to provide the volume of variety of food needed to effectively

fight hunger. Raising funds is now a priority and as such we have formed a Marketing and Fundraising Committee. We also welcomed our new Partnership and Development Manager Laura Yau to the team to work closely with corporate partners, community groups and donors to secure funding to help fight hunger.

It is with great sadness that we note the recent passing of our founding Foodbank WA CEO, Doug Paling, and a former Foodbank Director and board member of 10 years, Des Cain. Both Doug and Des will be very fondly remembered for the significant contributions that they made to Foodbank WA and to the wider community.

On behalf of the board I would like to thank Greg Hebble, the leadership team, staff and volunteers for their hard work and commitment to providing a brighter future to those who would otherwise go without. My sincere thanks to the Foodbank WA Board as well for the generous hours that they put into the organisation.

Thank you to everyone who has joined us in the fight against hunger. We do make a difference and it is our job to make sure that Foodbank WA is always there to help those in need.

Peter Mansell, Chair

MESSAGE FROM THE CEO

Greg Hebble



“ WE HAVE BEEN WORKING HARDER THAN EVER TO SECURE MORE FOOD FROM OUR EXISTING DONORS AND TO SECURE NEW ONES, SO THAT EVERYONE HAS ACCESS TO A NUTRITIOUS MEAL. ”

It's been another very rewarding year at Foodbank WA. Thanks to the ongoing support of our corporate partners, donors and agencies, together we helped feed more than 53,000 West Australians every month who were struggling to put food on their table.

Increased demand for food relief resulted in 2.88 million kilos of food, which is the equivalent of 5,744,324 meals distributed throughout the state to those in need. We also helped over 17,383 children every week to enjoy 2,267,420 million serves of breakfasts and 944,780 emergency meals across over 430 schools that participated our Foodbank School Breakfast Program, helping keep hunger at bay in the classroom.

We provide over 80% of all food distributed to charities by food rescue organisations and we are proud of our impact, however there are still too many people being turned away empty handed due to a lack of food and resources.

We have been working harder than ever to secure more food from our existing donors and to secure new

ones, so that everyone has access to a nutritious meal. Our fundraising efforts also allowed us to purchase additional food to ensure we have the required volume and variety of food available.

This year we have also been working closely with our agencies to better understand their needs. With hunger reaching crisis point, agency resources are stretched trying to keep up with demand. We have therefore seen a dramatic increase in the number of emergency relief vouchers issued to people in need. The voucher allows eligible people to collect their own food from Foodbank, where previously the agency would shop on their behalf and provide access to their agency pantry.

A new initiative that has achieved incredible results in its first year this year, is our Foodbank Community Kitchen which produced 40,000 frozen meals. The kitchen is led by our talented Foodbank Chef Grant Longman with the support of both regular and corporate volunteers. The kitchen utilises donated product that is close to its end of life. It has

therefore helped us reduce our waste which means more food is reaching more people.

We know that for many people that we serve, healthy food is either unavailable or unaffordable which often leads to long term health issues. We are therefore delighted to further expand our healthy eating and education initiatives this year, to support more disadvantaged people to take better care of themselves and their families. Thanks to new and renewed funding our team of nutritionists and dietitians are delivering fun, practical and hands on sessions to children, adolescents and adults throughout Western Australian.

Of course none of this would be possible without the dedication of our staff and the helping hands of our volunteers who donate their time to help fight hunger. Their individual contributions makes a huge difference to the lives of those who rely on us every day.

Greg Hebble, CEO

FIGHTING HUNGER IN WESTERN AUSTRALIA



5,744,324

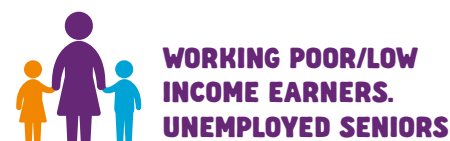
MEAL EQUIVALENT PROVIDED*



2.88 MILLION kg

**SUPPLIED TO FOODBANK
AGENCY PARTNERS***

WHO WE HELPED



HOW WE HELPED

Foodbank distributed food across WA through



SCHOOL BREAKFAST PROGRAM



*Foodbank uses 500g as a standard portion for determining the number of meals supplied.

**School Breakfast Program runs over 40 school weeks

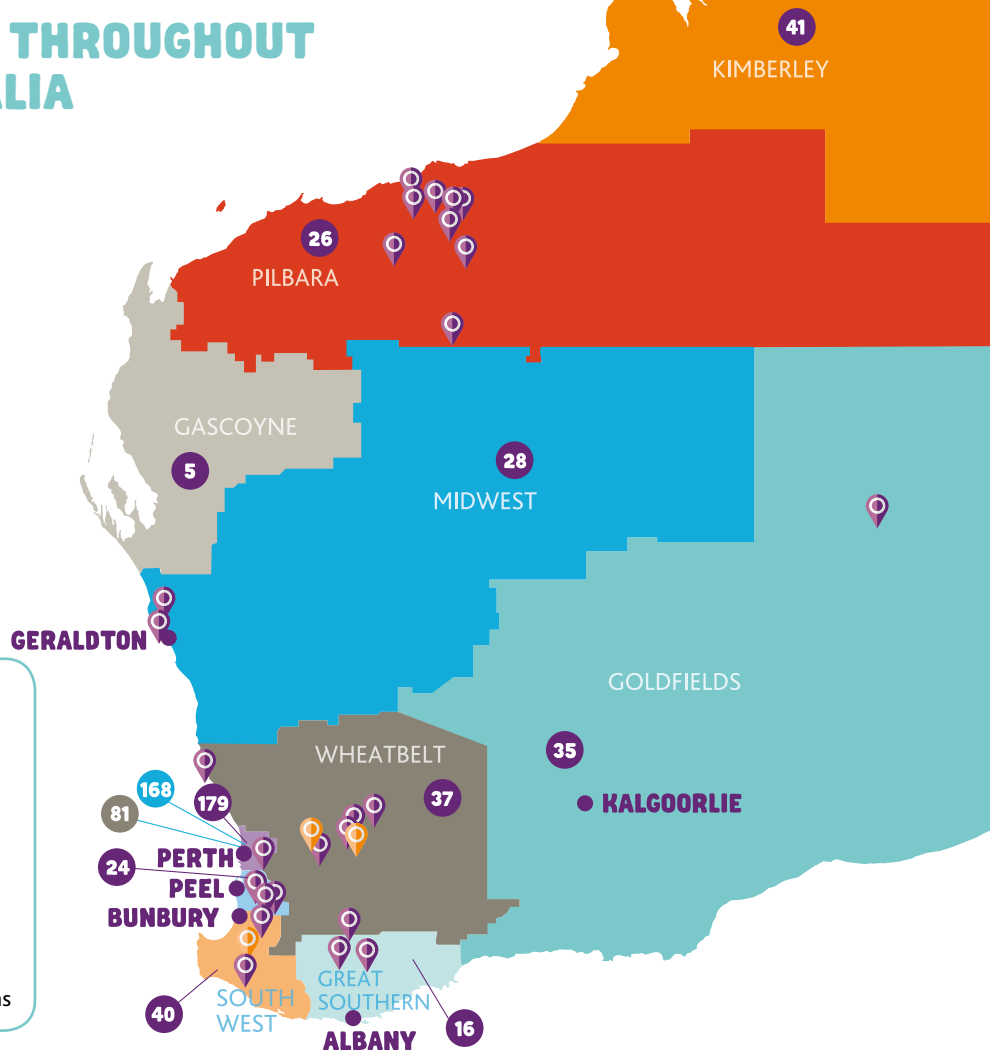
Foodbank WA distributed an additional 142,241kg creating an additional 284,482 meals compared to 2014/2015

FIGHTING HUNGER THROUGHOUT WESTERN AUSTRALIA

We fight hunger by providing quality food to people in need and by delivering food education that promotes healthy eating throughout the state.

KEY

- Branch Location
- 📍 Food Sensations
- 📍 Food Sensations Adult Video Conferencing
- Number of School Breakfast Program schools in the region
- Food Sensations Adult Metro sessions
- Food Sensations Schools Metro sessions



TYPES OF FOOD DISTRIBUTED*

2,462,276 kg

PACKAGED FOOD

450,003 kg

FRESH FRUIT & VEG

71,273 kg

MEAT

58,177 kg

BREAD

40,000

FROZEN MEALS

102,622 kg

MILK

WHERE OUR FOOD COMES FROM



**84%
DONATED**

**8%
PURCHASED:
SCHOOL
BREAKFAST
PROGRAM**

**8%
PURCHASED**

* Includes School Breakfast Program food.

OPERATIONAL HIGHLIGHTS

Foodbank WA's primary focus is to provide food to people who would otherwise go hungry. We achieve this by securing a constant supply of good quality food from our food donors and the general public. We also ensure that we have the right infrastructure in place to distribute the high volume of food required to effectively fight hunger in our state.

At a time when demand for food is at an all-time high, we are committed to helping as many people as we can by sourcing and distributing all edible food offered to us by retailers, wholesalers and primary producers.

We are also continuing to look at new and innovative ways to increase food supply, as improvements in technology and the drive for companies to reduce their waste, continues to impact on the amount of food we receive from donors. This year we have needed to purchase more food than ever before.

Fish is now on the menu

This year we were excited to add fish to our Meatbank range thanks to our partners at Global Seafoods, who provide us with high quality Basa fillets at an affordable price.

Since the introduction of Meatbank in 2013, we have worked extremely hard to provide a regular supply of red meat and poultry to those seeking food relief, so we are pleased to now have fish available.

Protein is often considered the centre piece of any well-balanced meal, so it is important that we provide an affordable range of meat, poultry and fish to accompany the fruits, vegetables, grains, dairy and staple pantry items available.

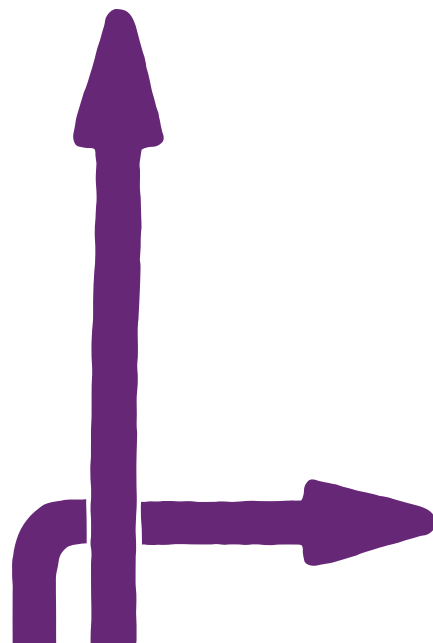
We are currently distributing up to 1,000kgs of Basa fish fillets every month, which is a healthy addition to any meal.

New meat supplier delivers the goods

We are pleased to be partnering with another great West Australian supplier Avon Valley Beef who provide us with the highest grade sausages and mince available.

The product is delivered to us in 20kg boxes to save on labour and our corporate volunteers package it into 500g trays ready for distribution.

Sausages and mince form the basis of many affordable and versatile meals that help satisfy hunger and thanks to our friends at Avon Valley Beef our product is the best available.





THE FIGHT AGAINST HUNGER IS GETTING BIGGER IN GERALDTON

Building works are now well underway on our new Foodbank Centre for Hunger Relief in Geraldton, which means the fight against hunger is about to get bigger.

Geraldton is already our busiest regional branch distributing over 1 million meals every year to those in need throughout the Mid-West, Gascoyne and Murchison Regions. However demand for food is expected to rise to over 2 million meals within the next 5 years, so we need to grow and expand to keep up.

The new purpose built, state of the art facility will cover 6,000 m² of land gifted to Foodbank by the City of Greater Geraldton on a 21 year peppercorn lease. The Centre will feature a warehouse, agency shop floor, a training kitchen and community garden and will allow us to meet the alarming increase in demand for food relief well into the future.

A special thanks to the WA government Mid-West Regional Development Commission (Royalties for Regions Fund) and Lotterywest for their funding; APP, GBSC and all local communities and business for their support.

The new building is expected to be ready by November, 2016.



BRANCH HIGHLIGHTS

Albany
282,762
MEALS PROVIDED

Supporting
74 Agency Partners
9 Breakfast Clubs

Bunbury
998,300
MEALS PROVIDED

Supporting
36 Agency Partners
42 Breakfast Clubs

Geraldton
985,838
MEALS PROVIDED

Supporting
35 Agency Partners
28 Breakfast Clubs

Kalgoorlie
240,402
MEALS PROVIDED

Supporting
29 Agency Partners
27 Breakfast Clubs

Peel
546,535
MEALS PROVIDED

Supporting
32 Agency Partners
34 Breakfast Clubs

Perth
2,266,781
MEALS PROVIDED

Supporting
309 Agency Partners
291 Breakfast Clubs

FOOD DONORS

Foodbank WA would not survive without the generous donations and support provided by over 700 National Signatory Food Donors and over 200 Western Australian producers and retailers. Together they provided over 80 per cent of our food supplies. To you all we say THANK YOU!



WHERE OUR FOOD DONATIONS COME FROM

Food sourcing

We worked closer than ever with the food and grocery industry to source surplus and donated product. This includes product that is out of specification, close to its used by date, has incorrect labelling or damaged packaging. It also includes excess stock and deleted lines.

Food drives

Throughout the year individuals and organisations hosted Foodbank food drives to collect non-perishable food and grocery donations for those doing it tough. Food drives help us stock our shelves throughout the year and provide a variety of items that may not otherwise be available through our bulk food sourcing.

Key staples program

Food donations don't always meet demand, and there is often a significant gap between the amount of staple foods sourced and what is needed to provide filling and nutritious meals. We therefore partner with food companies as part of our Key Staples Program to produce, process, package and transport essential items such as breakfast cereals, pasta and sauce and tinned fruit and vegetables.

FOOD DONOR HIGHLIGHTS

44 CHEFS MAKE LIGHT WORK

When a large supply of vegetables arrived from our regional donors, we were extremely fortunate to have the help of 44 apprentice chefs from Crown Perth to prepare, freeze and package the vegetables into 1kg bags of mixed frozen vegetables.

The chef's put their professional knife skills to work slicing their way through more than 10 tonnes of vegetables. Not only were the vegetables perfectly presented, there was the added benefit of minimising vegetable waste. The vegetables were available to people in need across all Foodbank branches and were a huge success.



ORANGES A PLENTY THANKS TO QUENTIN

Quentin Hurn's property in Bindoon has more than 300 orange trees that were ready for picking so he contacted Foodbank to donate the oranges to us to distribute to those in need.

We were fortunate to have the help of 11 corporate volunteers from Bankwest to pick over 4 tonnes of fresh oranges which were transported to our warehouse for distribution.



LAMB LEGENDS

The National WA inaugural Lamb Legends is now in its 2nd year at weekly livestock sales at Muchea and Katanning. Vendors and buyers donated 9,000kgs of meat for Foodbank. This fantastic initiative is led by Nationals Hon. Paul Brown MLC and Hon. Colin Holt MLC and supported by a number of major livestock donors with processing and transport. Lamb Legends helps put meat on the plates of struggling families.



A GROCERY BOOST FROM LOCAL FOOD RETAILERS

We would like to recognise and thank our major retailers for their bulk donations which helped boost our stock levels through the year. A special thanks to Coles, Woolworths, IGA and our new friends at Aldi for their generosity. It simply wouldn't be possible to feed as many West Australian's in need without your ongoing support.



ALBANY GROWER GIVES OVER 4 TONNES OF VEGETABLES

The Meuzelaar family business started donating to Foodbank Albany over 6 years ago when Chris and his mother, Maria decided to give their excess produce to feed the needy in Albany. Their business has donated a weekly supply of fresh broccoli, cauliflower and other seasonal vegetables ever since to help people in need put fresh food on their plates. Last year their generosity equated to well over 4 tonnes of vegetables.



MEET OUR AGENCIES

Foodbank supports over 500 agency partners across our six branches across metro and regional WA.

Our agencies work tirelessly to provide food to people in need in the form of vouchers, food hampers, food parcels or cooked meals.

We would like to thank all of our agencies for their hard work and dedication to feeding those in need. Many rely on volunteers who show great respect and compassion in giving their time to others.



TAMARA FROM ST VINCENT DE PAUL, PINJARRA

👏 Our small team of volunteers provide support to people in Pinjarra and the surrounding communities. We provide Foodbank vouchers and stock our pantry so that people can collect an emergency relief hamper which contains basic supplies to get them through when they don't have enough food to eat. We try and provide fruit and vegetables as often people haven't had access to fresh food for some time.

We also provided emergency food relief during the Yarloop bushfires in January. Local residents from Waroona and Yarloop were evacuated to the Pinjarra emergency evacuation centre after fleeing their homes. We were helping to feed between 500 and 1,000 people a day, and also helped others who were staying with family and friends. Having access to supplies such as cereal and milk meant people could start the day with a decent breakfast, for which they were very grateful.

Foodbank was wonderful during this time. We helped feed those who took shelter in Pinjarra for over a week and a half and we also helped the families who had lost everything to stock their pantries once they found new accommodation. We continue to support people impacted by the fires to this day while they try and rebuild their lives.

On average we help feed between 80-100 people per month. We have been operating in the area for at least 20 years, and now have an office based in the back of the Vinnies store which makes it easy for people to come and enquire about how we can help without the stigma and shame that is often associated with going to a charity.

We help anyone who needs it however it's mostly the working poor who have no money left over for food once they pay their rent and their bills that we are seeing. ”



HELENA FROM THE SPIERS CENTRE INC., HEATHRIDGE

“ Our agency is located in Heathridge however we service a large area spanning three local councils in the Northern suburbs of Perth. The majority of our clients are single parent families or families where there is intergenerational poverty. However, people also come to us when something unexpected happens in their lives such as job loss, death, serious illness or a relationship breakdown.

Our focus is always on helping those in need, no matter what the cause and we have a range of services to assist individuals and families facing hardship. We support people seeking food relief by providing access to free bread, food and food vouchers thanks to Foodbank. We also support them with bill payments and provide access to clothing and other donated goods. Christmas hampers are also important at a time when everyone should have hope and love.

We started partnering with Foodbank this year and it has made a substantial impact to our business and to the lives of our clients. Foodbank's emergency relief vouchers go much further than a regular supermarket voucher and they also empower our clients as they often contribute some of their own money to help make their shopping go further.

Demand continues to grow whilst funding has become highly competitive and in some regards, more restricted. Many agencies provide similar services so we are always looking for opportunities to collaborate to make things easier for those seeking support and to maximise the positive impact that we have on their lives. ”



DAVID FROM REAL LIFE CHURCH, GOSNELLS

“ We are located in the heart of Gosnells opposite the train station and we have been helping feed locals in need of a meal for a long time now. Food hampers and parcels are given out daily to those experiencing hardship, however we also run other food programs to support those doing it tough.

Every Friday we hold a morning tea where people (who are not members of the church) come in droves. People often pile up their plates as it may be the only meal they eat for the day. We are feeding well over 100 people at a time, and the numbers are growing as more people hear about it. Food parcels are also given out on the day to help families who are really struggling to make ends meet.

We also started a Soup Lunch a few months ago, which is held every Wednesday. People come in over a two hour period and enjoy soup, bread and a piece of cake or whatever else is available on the day. We currently serve around 40 people however it is growing slowly and steadily through word of mouth.

Everyone is welcome, however due to the tough economic climate increasingly it's single working mothers with young children that we are helping as they can't afford to put a meal on the table. They are not homeless but they are struggling. Often they feel embarrassed or guilty for seeking help.

Some food is donated by individuals and other companies, however it's mostly Foodbank that we rely on to be able to do what we do and it's a really big deal for those who need it. We also rely on the support of volunteers who sort the food into parcels for people to collect. ”

HEALTHY EATING AND EDUCATION

HEALTHY FOOD FOR ALL

Foodbank WA is committed to providing every person in WA with the opportunity for healthy eating. This can be difficult for disadvantaged people due to limited awareness, knowledge, skills or access to available healthy food. Our healthy eating and education programs are aimed at bridging this gap, so that vulnerable groups are well equipped to make better food choices for themselves and their families.

Our initiatives include Foodbank WA School Breakfast Program, Food Sensations® and Superhero Foods.

Foodbank WA's School Breakfast Program has grown each year as schools realise the substantial educational, health and social benefits.

Food Sensations is now the leading food preparation skills and nutrition education initiative for disadvantaged people in Western Australia. It is delivered by qualified public health nutritionists and the emphasis is on fun, practical and hands-on sessions. Our nutritionists adjust the program to meet the needs of each group, including children, teenagers, adults, parents and educators.

Participants learn to plan, purchase and prepare healthy meals and snacks using easily available and inexpensive ingredients.

Our most recent initiative is Superhero Foods, which is a suite of resources distributed via the Superhero Foods HQ website www.superherofoodshq.org.au to promote healthy eating amongst children.



BHP Billiton support for Foodbank in the Pilbara

BHP Billiton has been supporting the delivery of the School Breakfast Program (SBP) and Food Sensations in the Pilbara region since 2011. BHP Billiton renewed funding for Foodbank WA in January 2016 with a five year agreement to expand services to include more frequent visits to Pilbara towns and remote communities and the introduction of two new food literacy programs to the region.

Fuel Your Future has been introduced to the Pilbara targeting youth aged 12 to 18 years accessing schools, youth centres and other youth services. The program, originally designed for the Perth metropolitan area, has been adapted to be more regionally appropriate. The modifications have resulted in a 4-workshop series designed to build upon prior learnings and maximise engagement. Recipes and nutrition education activities that are relevant to youth living in regional and remote areas have been incorporated into the program structure. Since its introduction, Fuel Your Future sessions have received very positive feedback from participants and youth workers.

A brand new program Food Sensations for Parents of 0-5 year olds has also been developed to empower parents to make healthier food choices for their families. The development process has involved a comprehensive consultation method with health and early childhood professionals working in the local Pilbara area, across the state and interstate. The first pilot sessions of the 4-series interactive program will be delivered in 2016 with playgroups and early childhood centres across the Pilbara.

The strong relationships built over five years with schools and other stakeholders in the region allowed for the continued delivery of our School Breakfast Program, Food Sensations and Educator Training.



Food Sensations promotes healthy eating in schools

Foodbank delivers Food Sensations lessons in schools that are registered for our School Breakfast Program. This nutrition education program is aligned with the Australian National Curriculum and the lessons are developmentally appropriate from kindergarten through to year 12 students.

During 2015/2016, 4,035 students participated in Food Sensations within primary and high schools across Western Australia. Food Sensations promotes healthy eating to disadvantaged students, including Aboriginal, refugee, culturally and linguistically diverse and students at risk of becoming disengaged from school.

Food Sensations for Adults

Foodbank WA was awarded funding by the WA Department of Health for the expansion of Food Sensations for Adults, a specialised state wide adult food literacy program, in January. Food Sensations for Adults is currently the only nutrition and cooking program of its type in Western Australia to secure ongoing support from the State Government. Low to middle income people wanting to improve their food literacy skills continue to be the primary focus of Food Sensations for Adults. This is a diverse target group; including parents, men, older people, migrants, prisoners and Aboriginal people.

As with all of Foodbank WA's initiatives, this program prides itself on a strong evidence base and commitment to best practice. Following a period of redevelopment, a new four week curriculum has been created to meet the particular needs of the target group. Food Sensations for Adults provides participants the opportunity to practice relevant food literacy skills in a safe environment, rather than merely talking about nutrition. Examples of these encounters include: spooning out the fat, sugar and salt contained in takeaway foods, reading a food label or cooking a new recipe using healthy foods. They also get to enjoy cooking and eating their creations.

Food Sensations for Adults is also delivered by video conferencing, enabling people living in remote Western Australia access to the program. Despite being in the early stage of a new contract, over **100 sessions have already been delivered to more than 400 individuals**, between March and June of this year.



Superhero Foods Helping Fight Illness, Obesity and Decay

The Superhero Foods nutrition education resources were designed for use by nutritionists, teachers and health professionals to enhance food literacy skills of school aged children. In 2014, the Superhero Food characters were featured on four placemats to engage children in simple healthy eating messages while they were eating their School Breakfast Program breakfast.

The popularity of these characters was the motivation behind the creation of a range of resources, such as lesson plans, collector cards, recipe books and posters.

The newest addition is 'Joe's Epic Breakfast Adventure' children's story book. All resources are available on our Superhero Foods HQ website which our teachers and health professionals are able to order in both digital and printed copies. This year, Healthway funding has allowed us to disseminate the Superhero Foods resources to teachers and schools within its School Breakfast community free of charge.

Super Fruity promotes healthy eating

Super Fruity is a new member of the Foodbank WA team. Super Fruity has made several appearances during Food Sensation sessions held at the Foodbank Airport location and is planned to attend other events such as Carry a Can Day in the Perth CBD.



SCHOOL BREAKFAST PROGRAM



“ Breakfast Club is a warm, friendly environment where everybody is welcome and this gives a feeling of wellbeing to students, increases attendance, improves their food handling skills and makes them feel safe and happy. It also gives a feeling of belonging, which we feel is important to a child. ”

HAWAIIAN IS NOW A PROUD SUPPORTER OF OUR SCHOOL BREAKFAST PROGRAM

We are excited to be partnering with Hawaiian to provide additional support to more than 70 School Breakfast Program schools within the local communities surrounding Hawaiian's metropolitan shopping centres.

The partnership will not only help us ensure the ongoing delivery of our School Breakfast Program, it also allows us to provide additional activities for the children with Hawaiian working directly with the schools in and around the local community.



CELEBRATING 15 YEARS OF FIGHTING HUNGER IN THE CLASSROOM

No child should have to start their school day hungry, however this is exactly what was happening here in Western Australia back in 2001 when we received a request to trial our School Breakfast Program.

The trial with Cloverdale Primary School proved a success. What started with just 17 schools in 2001, became more than 100 schools within four years. Fifteen years on we have a record 432 schools registered with our program and cover communities right across WA.

On 10 November, Foodbank WA was joined by Her Excellency the Honourable Kerry Sanderson AC, Governor of Western Australia, the Hon. Peter Collier MLC, Minister for Education, and more than 50 school partners and representatives from food and funding partners to celebrate the program's 15th year. Service Awards were presented by

her Excellency to 10 of the 12 schools present who have delivered the program consecutively over the last 15 years.

It often surprises people to learn that so many children in WA are going to school hungry and that we now have more than 17,000 students a week accessing our breakfast clubs. The reasons for this vary, but some of the key drivers include low income, poverty, remoteness and lack of access to nutritious food at home.

Schools estimate that they are providing over 58,000 serves of breakfast each week. Around 60% of schools now run their breakfast club five days a week, with an average attendance of around 62 students per day.

Foodbank recognises that the School Breakfast Program would not have grown to the size it has today without the support of key funding partners including the WA Departments of Education and Health, Royalties for Regions, BHP Billiton and the Channel 7 Telethon Trust.

COMMUNITY KITCHEN & GARDEN



COMMUNITY KITCHEN CELEBRATES 40,000 MEALS

Our Community Kitchen led by our talented Chef Grant Longman with the support of local and corporate volunteers produced over 40,000 nutritious meals, since opening in October 2015.

There have been over 100 creative meal types including pizzas, pastas and curries that have been cooked, frozen and packaged and they are in demand with all who visit Foodbank.

The kitchen utilises donated product that is close to its traditional shelf life or is in surplus and has therefore successfully helped reduce our waste, which means more food is reaching more people.

A special thanks to our Community Kitchen Ambassador Deidre Willmott, CEO of Chamber and Industry WA for continuing to encourage local businesses to get involved.



BHP BILLITON TRAINING KITCHEN

Our new BHP Billiton Training Kitchen has been well utilised by adults and children alike who visited Foodbank to learn how to prepare and cook healthy meals for themselves and their families in our Food Sensations workshops. The two large training rooms and six cooking stations provide plenty of space for a fun and hands-on cooking experience for all to enjoy.

FROM GARDEN TO PLATE

Our community garden now boasts an array of fresh produce that is utilised by those who visit our BHP training kitchens. It also provides a fantastic hands on educational experience for Food Sensations sessions hosted on site, helping children and adults to learn how easy it is to grow fresh produce and prepare healthy meals at home.

We have successfully grown and harvested watermelon, tomatoes, broccoli, silverbeet, squash and chillies and will also include a wonderful variety of herbs. There are also citrus trees nearby.



OUR PEOPLE AND CULTURE

VOLUNTEER SPOTLIGHT



MEET NOEL, VOLUNTEER

“ I joined Foodbank about a year after my wife and I sold our business of 40 years and settled into retirement. Initially we travelled and I did a bit of maintenance on our house, however I really wanted to do something else with my time, other than simply pursuing my hobbies.

When I think back I was actually introduced to Foodbank many years prior to joining, as one of my clients' husbands was heading up a major poultry business in Perth. She would often talk about Foodbank and I always loved the whole concept of saving food that was destined for rubbish.

I have been volunteering with Foodbank now for over 3 years and work every Thursday weighing and packing the food that our customers want to purchase. I also enjoy filling in wherever needed.

There is a lot that I like about Foodbank. I really enjoy working with the other volunteers and getting to know our customers. I see a lot of the same people so we get a chance to have a chat and share a laugh – it's great. My wife and I have lived a wonderful life and working at Foodbank is a really rewarding and grounding experience. It's my way of giving back. ”



People are at the heart of everything we do. The compassion, dedication and commitment shown by our staff and volunteers every day is a demonstration of our Foodbank values and culture.

We operate with a small number of staff who are supported by the helping hands of all of our incredible volunteers.

No. Staff and Volunteers


50FTE
STAFF


200+
REGULAR VOLUNTEERS

No. Corporate Volunteers


393
COMMUNITY KITCHEN
VOLUNTEERS


622
WAREHOUSE
VOLUNTEERS


5,075
CORPORATE VOLUNTEERS HOURS
(average 5 per person)

CORPORATE VOLUNTEERS

We would like to acknowledge the following organisations and their staff for joining the fight against hunger by donating their time to Foodbank.

- ADCO
- Ajilon
- ANZ
- Apia Suncorp
- Assetivity
- Bankwest
- BHP Billiton
- BP Australia
- BT Financial
- Catholic Education WA
- CCI WA
- Computershare
- Crown Perth
- Cummins
- Datacom
- Dulux
- Ecolab
- EFFEM Foods
- EY
- Flight Centre

respect
responsibility
integrity
collaboration
compassion

Vale List

John Shadbolt

Micheal O'Neill

Doug Paling

Stanley Walker

Des Cain

Long Service Awards

10 years

Vi Thornton (Geraldton)

Sheila Howard (Bunbury)

Antony Mickle (Bunbury)

Douglas Pascoe (Perth)

John Dalliston (Albany)

15 years

Stuart Bell (Perth)

Foodbank Ambassadors

Thank you to our Ambassadors for supporting our hunger fighting missions.

Shannon Hurn – West Coast Eagles

Damian Martin – Perth Wildcats

Scott Arnold-Eyers – Menu Magazine

- Four Points by Sheraton
- GIO
- Gooding Partners
- HBF
- Laing O'Rourke
- Lincoln Sentry
- Mason Gray Insurance & Risk
- Morgan Stanley
- NAB
- National Lifestyle Villages
- RAC WA
- Pepsico
- Perth Airport
- Primewest
- Rio Tinto (Argyle Diamonds)
- Schutz
- Sodexo
- Squire Patton Boggs
- The Dinner Ladies
- Thermomix
- Tip Top
- Treasury Wine Estates
- Voyager Estate
- Watercorp
- Woodside
- Woolworths

EMPLOYEE SPOTLIGHT



DENISE PARKER, EXECUTIVE ASSISTANT

“ I initially started as a volunteer in 2002. Two weeks later the secretary resigned, so I applied for her position and haven't looked back.

Immediately I saw how Foodbank positively affects people struggling to provide food for themselves and their families. This is still evident today.

In the early days we achieved a lot with only a few, however there was a vision of what was to become the successful organisation it is today. I feel privileged to have shared the journey over the past 14 years.

What is constant is the people that make up the charities that we support. In many cases it is those who have experienced hardship themselves that extend a helping hand to others, often at their own financial cost. It's a valued observation the difference these wonderful people make to the lives of others that will determine the significance of the life they lead.

With each new project and initiative I see Foodbank go from strength to strength. Our people work with passion and purpose, inspired by our internal culture here at Foodbank.

To be with an organisation that can help a person or family to overcome a temporary or long term need, for such a basic item as food is so rewarding. I wouldn't want to be anywhere else. ”

FUNDRAISING AND EVENT HIGHLIGHTS



WOOLWORTHS WINTER APPEAL VIRTUAL CAN DRIVE

4 – 12 July

Woolworths pitched in again for a week of fighting hunger across their WA stores. More than **\$49,000** was raised in Virtual Can donations with another **5,600 kilos of food** donated in store. Many thanks to Woolworths staff and customers.

Woolworths is a fantastic supporter of Foodbank WA with weekly donations of product. We couldn't help as many people as we do every month without reliable food donors like Woolworths.



CANSTRUCTION

3 – 7 August

What another brilliant event from our friends at Engineers Australia WA Division and the five fantastic local engineering firms who once again showed their creativity and a little bit of genius. Held during Engineering **Week 3 – 7 August 2015** in the foyer of QV1. Canstruction raised enough food to provide more than **1200 meals**.



HAWAIIAN GOLD GIVING BOX

9 November – 23 December

Hawaiian's annual Gold Giving Boxes, placed in all their residential shopping centres in the lead up to Christmas, raised **4,193kg of food** in December or enough to create over **8,000 meals**. The generosity of store patrons and businesses make a big difference to Foodbank stocks at a time when we experience a huge surge in demand. Thank you to Hawaiian for once again getting behind this great initiative, which also sees hundreds of gifts donated to Anglicare WA for families in need.





CARRY A CAN

10 December

Carry a Can Day on 10 December was another great day out with donated cans and coins providing over **8,000 meals**.

Special guests including CCI WA CEO Deidre Wilmott, Deputy Lord Mayor James Limnoid, St Vincent de Paul CEO Mark Fitzpatrick and Foodbank Ambassador Shannon Hurn from West Coast Eagles all showing their support towards fighting hunger in WA.

A special thank you to Bankwest and Raine Square staff and to Sydnee Carter, Aranmore Catholic Primary School Choir and Garry the Squirrel for providing great entertainment during the day!



GIVE A FEED

12 November – 31 December

Give a feed helped **3,198 families** doing it tough at Christmas. Foodbank once again joined with long-time supporters the Rotary Club of Heirisson for our festive hamper appeal. Our **target of 2,500 hampers** was achieved with an additional **\$17,000 raised** to help purchase much needed pantry staple products. In total the equivalent of 3,198 hampers was raised through this important appeal.

It would not be possible to help feed families in need at Christmas without the generosity of our partners. Special thanks goes to City Toyota, Torque Productions, Bankwest, Brookfield Rail, VISY, CCI Kalgoorlie and Geographe Enterprises and a huge thank you to all our donors for helping put food on the table of people doing it tough.



CANS FOR A CAUSE

15 May

West Coast Eagles hosted its fifth annual Cans for a Cause on Sunday 15 May at Domain Stadium, during the round 8 clash between West Coast Eagles and St Kilda.

West Coast Eagles members and fans joined the fight against hunger by generously donating **3.5 tonnes of food** and \$1,287 in coins, which is the **equivalent of 7,500 meals** to be distributed across our six branches in WA just in time for winter!

This year's event also coincided with National Volunteers Week, so our volunteers from Crown and Clontarf Aboriginal College who helped out on the day were provided tickets to the game. A big thanks to the West Coast Eagles past players the OWLS (older, wiser, larger, slower) who joined in the fun.



HEARTY QUIZ NIGHT

29 April

More than 300 people joined us for our Hearty Trivia Night on 29 April to help us raise much needed funds to purchase soup and other canned food to help stock our shelves in time for winter. It was a fun night of tricky trivia, games and auctions with guests also enjoying a pre-quiz meal made by our very own Community Kitchen.

The night **raised over \$28,000**, which is enough to purchase over **10,400 cans or 9 pallets of soup** to cope with high demand in June through August.

Special thanks to event sponsors Ajilon Australia, Rotary Club of Belmont, Perth Airport, Ferngrove and Killerby Wines, ANZ Australia and Sealanes Seafood for generously supporting this event and to the businesses who donated prizes for the night.



GOVERNANCE

Committees



Foodbank WA Board – (Left to Right) Mark Armitage, Justin Little, Janet Curran, Peter Mansell (Chair), John Carlson, Ian Rakich, Paul Smithall and Kathy Cilkos

Board of Directors

Peter Mansell (Chair)

Ian Rakich (Deputy Chair)

Janet Curran

Justin Little

Kathy Cilkos

John Carlson

Paul Smithall

Mark Armitage

Finance Committee

Mark Summers (Chair)

Barry Tibbits

Doug Pascoe

John Dodman

Ian Rakich

Greg Hebble

Claude Somlo

Colin Woodward

Senior Advisory Committee

Bill Richardson (Chair)

Doug Pascoe

Cathy Campbell

Ian Fairnie

Barry Tibbits

Marketing and Fundraising Committee

John Carlson (Chair)

Peter Mansell

Justin Little

Kathy Cilkos

Laura Yau

Charmaine Don

Leadership Team

Greg Hebble, CEO

Colin Woodward,
General Manager Operations

Claude Somlo,
Financial Controller

Rex Milligan, Healthy Food
For All Manager

David Warren, HR and
Volunteers Manager

Laura Yau, Partnership and
Development Manager

Vale: We remember fondly a founding Foodbank Director and board member of 10 years **Des Cain** for his passion and commitment to helping others.



OUR STRATEGIC PILLARS

Foodbank is dedicated to fighting hunger in Western Australia. We achieve this by focussing our efforts in the following priority areas.

Pillar 1 - Food

To secure a constant supply of good quality, nutritious food from donors.

Pillar 2 - Distribution

Ensure our infrastructure supports the continuous increase in volume and our distribution model provides greater accessibility to our agency partners.

Pillar 3 - Healthy Eating & Education

Deliver a state-wide School Breakfast Program and provide evidence-based food education programs that arm people with the ability to better feed themselves and their families.

Pillar 4 - Fundraising & Marketing

Create a movement to fight hunger that enables us to effectively raise funds to meet our food, operations and program needs.

Pillar 5 - People & Culture

Develop a culture that attracts and supports a diverse community of employees and volunteers who are engaged and motivated to perform at their full potential.

Pillar 6 - Sustainability & Governance

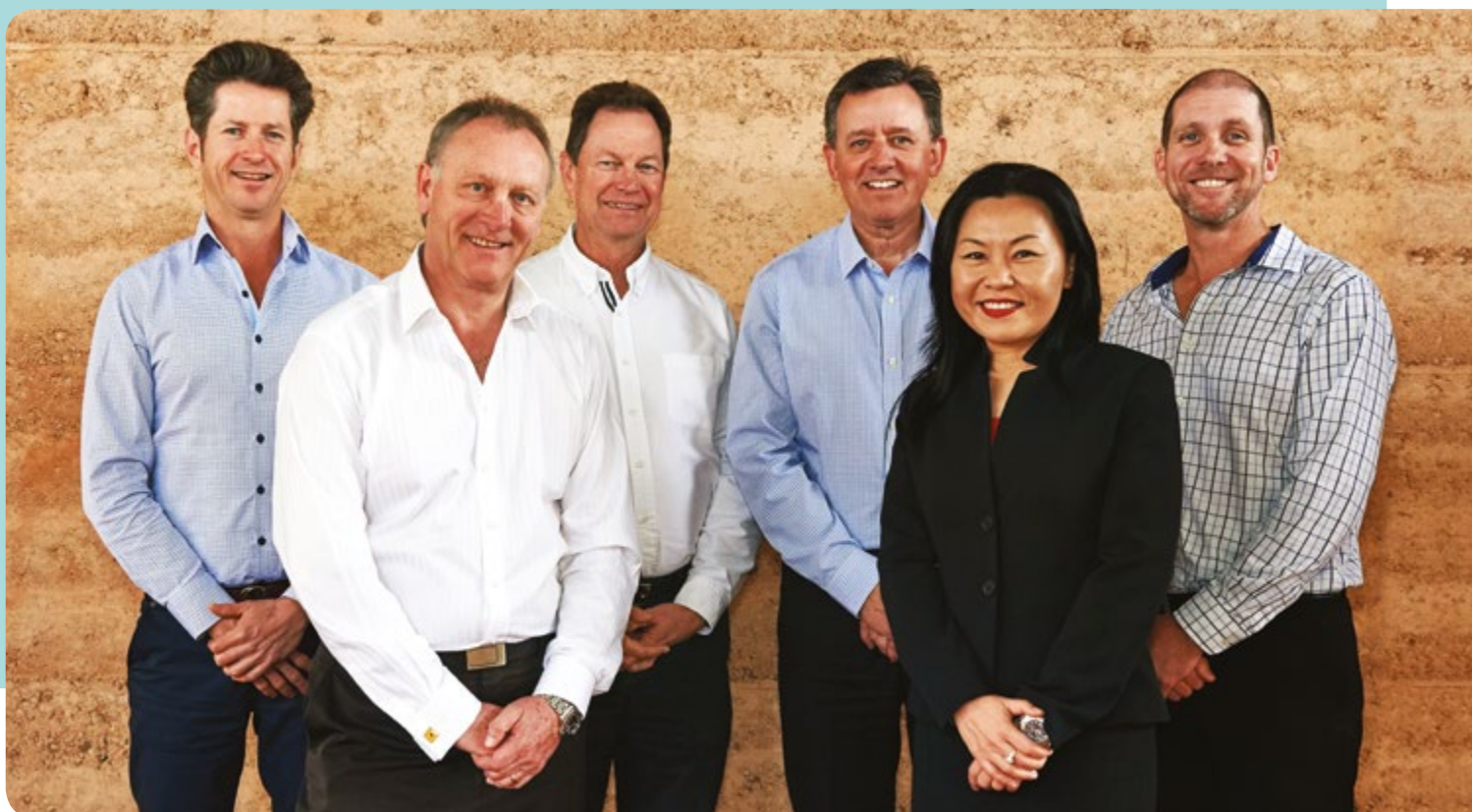
Maintain our financial capacity to provide ongoing services while considering further expansion opportunities in food procurement, distribution and education programs.

Vale: Doug Paling

served as Foodbank WA's founding CEO from 1994 – 2010 and built Foodbank from an idea to become the organisation that it is today. His impact on Foodbank and the WA community and charity sector is immeasurable and he will be missed by all.



Leadership Team – (Left to Right) Claude Somlo, Colin Woodward, Rex Milligan, Greg Hebble, Laura Yau and David Warren



FINANCIAL HIGHLIGHTS

Foodbank WA has achieved a strong financial performance for the financial year. Agency revenue from core handling fees in the first half of the financial year was subdued followed by a strong recovery in the latter months of the financial year.

Increased costs for food purchases, freight and utilities were contained to keep handling fees as low as possible.

STATEMENT OF FINANCIAL POSITION

As at 30 June 2016

FINANCIAL YEAR	2016	2015
ASSETS		
Cash	\$5,935,140	\$6,474,701
Trade and other receivables	\$269,631	\$601,199
Prepayments	\$130,467	\$127,381
Inventory	\$138,589	\$113,487
	<u>\$6,473,827</u>	<u>\$7,316,768</u>
Prepayments	\$3,637,879	\$3,756,566
Property, plant and equipment	\$14,193,803	\$14,206,651
	<u>\$17,831,682</u>	<u>\$17,963,217</u>
TOTAL ASSETS	\$24,305,509	\$25,279,985
LIABILITIES		
Trade and other payables	\$645,886	\$443,256
Advanced funding	\$4,782,295	\$5,234,321
Employee entitlements	\$334,026	\$268,849
	<u>\$5,762,207</u>	<u>\$5,946,426</u>
NET ASSETS	\$18,543,302	\$19,333,559
Retained surplus	\$19,333,559	\$11,316,208
Current year (deficit)/surplus	(\$790,257)	\$8,017,351
TOTAL ACCUMULATED FUNDS	\$18,543,302	\$19,333,559

STATEMENT OF PROFIT OR LOSS AND OTHER

COMPREHENSIVE INCOME For the year ended 30 June 2016

FINANCIAL YEAR	2016	2015
INCOME		
Handling Fees	\$3,038,769	\$2,904,390
Sponsorship and donations	\$1,316,437	\$1,174,313
Grant Income	\$1,808,549	\$2,048,384
Capital Infrastructure	\$453,004	\$8,322,894
Interest	\$140,622	\$119,891
Other	\$156,463	\$260,248
	<u>\$6,913,844</u>	<u>\$14,830,120</u>
EXPENDITURE		
COGS	\$806,640	\$741,648
Administration	\$633,654	\$594,222
Employee costs	\$2,602,785	\$2,339,404
Healthy Eating and Education	\$1,931,929	\$1,926,966
Depreciation and amortisation	\$617,629	\$402,900
Other	\$1,111,464	\$807,629
	<u>\$7,704,101</u>	<u>\$6,812,769</u>
OPERATING (DEFICIT)/SURPLUS	(\$790,257)	\$8,017,351
Core Business	(\$1,404,866)	(\$493,552)
Healthy Eating and Education	\$20,983	\$68,118
Interest	\$140,622	\$119,891
Capital Infrastructure	\$453,004	\$8,322,894
	<u>(\$790,257)</u>	<u>\$8,017,351</u>

FINANCIAL KPI

FINANCIAL YEAR	2016	2015	FINANCIAL YEAR	2016	2015
Core business cash flow	(\$202,628)	\$243,398	Food purchases	\$815,607	\$860,246
Capital expenditure	\$618,797	\$10,606,147	Non-cash costs	\$996,725	\$599,804

Core business operating cash surplus amounts are committed back to reinvesting in the organisation either with food purchase procurement and/or capital maintenance and renewal as required.

STATEMENT - PHYSICALS

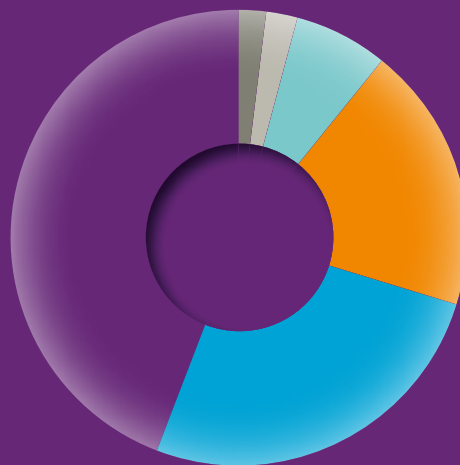
For the year ended 30 June 2016

FINANCIAL YEAR	2016	2015
Total Kilograms distributed	3,165,665	3,201,304
Total meal equivalent	6,331,330	6,402,608
Core	2,660,309	2,757,644
Meatbank	71,273	43,396
	2,731,582	2,801,040
School breakfast program	434,083	400,264
	3,165,665	3,201,304
Packaged food	2,033,255	2,200,111
F&V	450,003	396,069
Milk	102,622	103,287
Bread	74,429	58,177
Meat	71,273	43,396
	2,731,582	2,801,040

STATEMENT OF CASHFLOWS

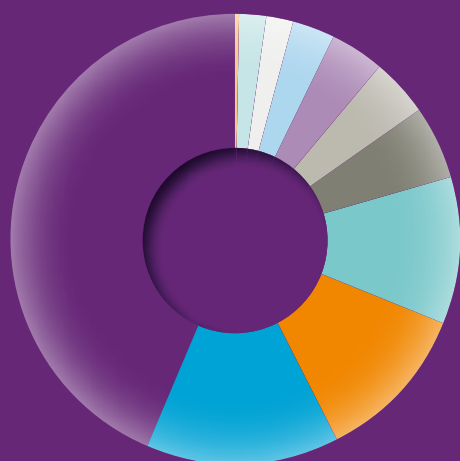
For the year ended 30 June 2016

FINANCIAL YEAR	2016	2015
CASH FLOWS FROM OPERATING ACTIVITIES		
Receipts from customers and donors	\$6,653,207	\$6,387,336
Payments to suppliers and employees	(\$6,989,034)	(\$6,258,219)
Interest received	\$140,622	\$119,891
Interest paid	(\$7,423)	(\$5,610)
Net cash inflow from Operating Activities	(\$202,628)	\$243,398
CASH FLOWS FROM INVESTING ACTIVITIES		
Purchase of property, plant & equipment	(\$726,320)	(\$10,712,933)
Receipt from sale of PPE	\$107,523	\$106,786
Receipt of sponsorship funds	\$291,695	\$8,424,232
Proceeds from withdrawal of investment	\$0	\$3,500,000
Net cash inflow from Investing Activities	(\$327,102)	\$1,318,085
CASH FLOWS FROM FINANCING ACTIVITIES		
Interest on hire purchase	(\$9,831)	(\$10,049)
Net cash inflow from Financing Activities	(\$9,831)	(\$10,049)
Net increase/(decrease) in cash held	(\$539,561)	\$1,551,434
Cash held at beginning of the year	\$6,474,701	\$4,923,267
Cash held at the end of year	\$5,935,140	\$6,474,701



REVENUE: \$6,913 MILLION

Services Fees	43.95%
Grant Income HFFA	26.16%
Sponsorship and Donations	19.04%
Capital Infrastructure	6.55%
Other	2.26%
Interest	2.03%



EXPENDITURE: \$7,704 MILLION

Employee Benefits	40.36%
Non Cash	12.94%
Food Purchases	10.59%
Other Expenses	9.96%
Freight	4.78%
Utilities	3.81%
Rent Rates & Taxes	3.79%
Information Systems	2.70%
Insurances	1.88%
Printing Advertising Promotion	1.65%
Interest	0.22%

JOIN US IN THE FIGHT AGAINST HUNGER

DONATE FUNDS

We rely on donated funds to help keep our trucks on the road, so they can rescue and collect food. We also use funds to buy key pantry staples to ensure we have enough to meet the need. Every \$1 helps provide 2 meals.

DONATE FOOD

We are dependent on the generosity of food donors who choose to donate surplus food instead of letting it go to waste. We take surplus, short code, damaged packaging, slow moving or deleted lines. As long as the food is still safe to eat, we will take it and make sure it gets to people in need.

HOST A FOOD DRIVE

Whether it's your work, school, church, community group or sporting club, food drives are a great way to help raise awareness of hunger and to collect food for people in need.

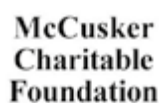
VOLUNTEER

Volunteers are essential to our work. We have a variety of short-term and long-term volunteer opportunities for both individuals and groups if you would like to get involved.

**CALL (08) 9258 9277 OR VISIT
WWW.FOODBANKWA.ORG.AU**

PARTNERS

FOODBANK WA EXTENDS OUR DEEPEST GRATITUDE TO THE FOLLOWING PARTNERS AND SUPPORTERS WHO HAVE JOINED THE FIGHT AGAINST HUNGER.





**FIGHTING HUNGER
IN AUSTRALIA**

www.foodbankwa.org.au

Foodbank WA Centre for Hunger Relief

23 Abbott Road
Perth Airport WA 6105
Ph: 9258 9277 Fax: 9258 5177
wa.info@foodbankwa.org.au

Albany

Unit 2a 5-7 Cockburn Road
Mira Mar Albany WA 6330
Ph: 9842 6645 Fax: 9842 6645
albany@foodbankwa.org.au

Bunbury

5 Clifford Street
Bunbury WA 6230
Ph: 9726 2362 Fax: 9726 2363
bunbury@foodbankwa.org.au

Geraldton

Lot 19 11 Box Street
Geraldton WA 6530
Ph: 9964 8011 Fax: 9964 8022
geraldton@foodbankwa.org.au

Peel

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mandurah@foodbankwa.org.au

Kalgoorlie-Boulder

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