

# Corporate Volunteering

## What you need to know



**CORPORATE VOLUNTEERING IS A WORKFORCE THAT WE COULDN'T DO WITHOUT. WHETHER IN THE WAREHOUSE OR COMMUNITY KITCHEN, YOU MAKE A HUGE DIFFERENCE IN HELPING US ACHIEVE OUR PURPOSE.**

With your help, Foodbank WA provides over 9.2 million meals to Western Australians who are doing it tough. We are incredibly thankful for volunteering your valuable time to make a difference in our community.

### Where to meet

Please meet at 8.15am at our reception for the Centre for Hunger Relief at 23 Abbott Road, Perth Airport (off Grogan Road). There is plenty of free parking.

### What to wear

All volunteers must wear fully enclosed footwear (e.g. steel caps boots, sneakers, runners). For safety reasons high heeled shoes, ballet shoes and slippers are not suitable.

Company shirts and/or hats are encouraged as they make great photos for your team to use.

### Warehouse Volunteers

Be prepared, you may get dirty. Jeans are typically suitable attire. In winter the warehouse can get cold, so it is good idea to bring a jacket or light pullover. The work required varies each day and sometimes our volunteers work outside. We provide sunscreen, however, please bring a hat for extra sun protection.

### Community Kitchen Volunteers

The kitchen is a designated 'wet area' so shoes must be flat and non-slip. Leather shoes with rubber soles are ideal. Please make sure your shoes are stable, comfortable, and non-slip.

We provide aprons, but you should also be prepared to get dirty. For your protection and for food safety, please wear long pants and shirts with sleeves (e.g. t-shirt, polos, long sleeve shirt).

### When you arrive

When you arrive, please sign in via our Visitors QR code (use your camera to access the form).

Once your group has arrived, Chef Grant or our Warehouse Manager will welcome you.

They will provide an overview of Foodbank WA, what each group will doing on the day and show the group where they can store their belongings.

### What you will do

The day commences with a welcome and safety briefing. In the warehouse, volunteers are typically involved in making food hampers, sorting and packing vegetables or assisting with our recycling efforts.

In the kitchen you will typically be involved in preparing, cooking and packaging fantastic healthy meals. Chef Grant will explain each step along the way.



Foodbank WA has tea and coffee facilities. You can also purchase a coffee from the coffee van that visits at 11.00am.

There will be a break for lunch. You can bring your own lunch or there is a lunch bar approximately 400 metres from us on Grogan Road. We have a volunteer kitchen for your team to use.

The day concludes at approximately 2.30pm.

### Your safety

We are committed to the safety of everyone onsite. We will not ask you to perform tasks you may not feel able to complete. Please advise our staff if you have any concerns.

We provide high-visibility vests for all volunteers. In the warehouse, there are heavy vehicles such as forklifts in operation. It is important you always wear your vests.

In the kitchen it is likely you will be involved in activities that require the use of knives and kitchen equipment. Supervision is provided and a full safety briefing is provided before you are permitted to use kitchen equipment.

You will be working with food and preparing meals for members of our community. If you have any health concerns or feel unwell, please advise our staff immediately.

### Make the most of your experience

Volunteering is great to get to know your team away from the office while also making a difference to our community.

### Share your experience on social media

We encourage you to take photos and post to your social media. Don't forget to tag us @FoodbankWA

### Food donations

Collect and bring non-perishable food donations with you. We will weigh them and let you know how much your team have donated. This is also great to mention on your social media post. The grocery items will be added to our shop and made available to people who need it most.

### Thank you

Thank you for choosing to volunteer with us. Your volunteering helps make a positive difference to the lives of West Australians in need of food assistance.

We can't wait to welcome you to our warehouse.

## FEEDING WESTERN AUSTRALIANS IN NEED EVERYDAY

208,000 Western Australians, including 116,000 children, need our help. Foodbank WA works with our charity partners to reach those who are doing it tough. We do this through our:

- » Perth Centre for Hunger Relief
- » Regional branches in Peel, Bunbury, Albany, Kalgoorlie and Geraldton
- » Mobile Foodbanks
- » Community Kitchen preparing ready-to-eat meals
- » School Breakfast Program and Perth Airport School Fruit Van
- » Emergency response to natural disasters and crisis
- » Nutrition education programs

