



Food Drive

Items to donate to help people doing it tough

MOST NEEDED ITEMS

- Canned meals, veggies, fruit, soup and fish
- Oats and cereal
- Longlife milk, inc. non dairy
- Tea & coffee
- Pasta, rice & noodles
- Baked beans
- Pasta sauces
- Flour & bakery mixes
- Spreads & jams
- Meal bases
- Whole grains, pulses & legumes
- Nuts & seed mixes
- Vegetable oils
- Washing products
- Nappies
- Sanitary items
- Toilet paper
- Dental products

A FEW DOS & DONTs

- No confectionery, salty snacks or beverages (other than water)
- Non-perishable items within expiry date
- Unopened packaging
- Labelling intact
- No damaged/dented cans



foodbank.org.au