

# Corporate Volunteering at Foodbank WA

Feeding Western Australians in need every day





# There are around 370,000 Western Australians going without regular meals

CORPORATE VOLUNTEERING IS A WORKFORCE THAT WE COULDN'T DO WITHOUT AND HELPS US TO ACHIEVE OUR PURPOSE. IT IS A GREAT WAY FOR YOU TO ENGAGE YOUR STAFF, FACILITATE TEAM BUILDING AND MOST IMPORTANTLY MAKE A DIFFERENCE IN OUR COMMUNITY.

Hello, we're Foodbank WA. We believe everyone should have access to healthy food. There are Western Australians going without every day, and we are working hard to change that.

Our purpose is to feed, educate and advocate.

We provide food and groceries to those who struggle to afford them. We also deliver nutrition education to promote healthy eating and advocate on behalf of people that experience hunger and food insecurity.

Last financial year we provided 9.2 million meals to Western Australians through our charity partners and schools. We do this with a small workforce and rely on regular and corporate volunteers to help us to sort, pack and prepare food for Western Australians who need it most.

Thank you for your interest in corporate volunteering with Foodbank WA.

Kate O'Hara CEO, Foodbank WA

# **Meet Briony**

The day Briony made her first trip to Foodbank WA's Centre for Hunger Relief, is a memory both bitter and sweet. She'd been given a ticket to survival, a fifty dollar voucher. Her rent was paid, the lights were on, she had nappies, baby Marlow had been fed, but Briony had been going without

Three years earlier at age thirty, she never could have imagined being without food. She was fit, full of fun and loving her full time job working for an art supply specialist in Subiaco. Everything fell apart the afternoon she got a call from her doctor to come in urgently. Briony's breast cancer treatment started right away.

"People don't choose poverty. We shouldn't take anything for granted, especially after

the pandemic, there are a lot more people in this situation. Sometimes all it takes is someone filling up your pantry to give you the confidence to keep going."



# **Volunteering Opportunities**

Time: 8.30am - 2.30pm

**Location: 23 Abbott Road, Perth Airport** 

Free parking available

## **Community Kitchen**

Days: Tuesday - Friday (6 volunteers)

Volunteering in our Community Kitchen is a perfect option for smaller groups.

Volunteers work alongside our fully qualified Chef and help with preparing, cooking, and packing healthy frozen meals. With our full contingent of volunteers, we can produce 1,000+ meals per week.

The Community Kitchen utilises ingredients from our Foodbank WA warehouse, which gives the food that we rescue a third life. This has helped reduce our food waste from 11% to 4%. Where essential ingredients are unavailable, we purchase it to provide a variety of meals.

#### **Warehouse**

Days: Tuesday - Friday Group size: 6 volunteers

In the warehouse, volunteers assist with picking, packing, sorting groceries, food and fresh produce to ensure our clients have access to the food they need.

# **Customer Shopping Experience**

**Days: Tuesday to Friday** 

Collaboration is key as you help customers load and unload their shopping at the Checkout counter. You will help our staff to weigh and record, assist with the EFTPOS system process and ensure the customers shopping is recorded accurately and efficiently.

Perfect for a friendly and supportive group of 2 to 4, volunteering in our customer shop area is a great option for small groups.

In this role you will get an opportunity to interact with customers and ensure all customers have a positive experience.

### **Financial Donation**

Warehouse: 1-6 volunteers \$300

Kitchen: 6 volunteers \$600

Shop: \$50 per person

(2-4 volunteers max)

Foodbank WA is a not-for-profit organisation that relies on donations as well as community and corporate support. An invoice will provided at the time of booking. Payment by credit card is preferred. Financial donations maintain our volunteering programs. We appreciate your support.

Please note: a 2.5% admin processing fee applies

# Bring your brand values to life through volunteering

- Align your organisation with Foodbank
   WA the largest food relief charity in
   Western Australia
- » Demonstrate your commitment to Corporate Social Responsibility
- » Drive greater employee engagement by inspiring staff and building morale
- » Motivate and reward employees with an experience they won't forget
- » A great way to team build outside the workplace
- » Make a difference to the lives of Western Australians who are going without food

# Sign up today!

To see our available dates and to book please scan the QR code.



For any questions, please call (08) 9463 3224 or email volunteering@foodbankwa.org.au

# **Corporate Volunteering Challenges**

# **Mega Meal Challenge**

\$5,500 inc GST Duration: 1 week

Group size: 6 volunteers per day (30 total)

8.30am - 2.30pm Monday-Friday Location: 23 Abbott Road, Perth Airport

Free parking available

A week-long corporate challenge that makes a difference. Over the week you will prepare, cook, package and label more than 1,500 meals.

The meals are then frozen and distributed to those who need them most through our six branches and Mobile Foodbank service.

At the end of the week we will total up the number of meals made and compare your score with the other Mega Meal teams.

Can you beat our current record? Take the Mega Meal Challenge today.

#### You will receive

- Daily group photos to share on your social media and publications
- » Fun and engaging experience
- » Behind the scenes tour of Foodbank WA
- » Wrap-up photo showing the impact of the volunteering experience
- Learn how to work efficiently in a fast-paced environment while ensuring hygiene, portion control, and quality standards

"It's a great team building exercise. It's a bit of fun working in the kitchen and then at the end of the day, you're going home knowing that you've helped feed people in need."

Chef Grant, Foodbank WA

# Sign up today!

If you are interested in our corporate challenges, or if you have any questions, please call (08) 9463 3214 or email <a href="mailto:fundraising@foodbankwa.org.au">fundraising@foodbankwa.org.au</a>

See available dates: foodbank.org.au/WA/corporate-challenges





# **Takeover Day Challenge**

12 people: \$1,650 + \$110 for each additional person 20 people: \$2,475 + \$110 for each additional person

All prices include GST

Group size: 12 - 30 people (maximum)

**Duration: 1 day** 

8.15am - 2.45pm Thursday or Friday Location: 23 Abbott Road, Perth Airport

Free parking available

The Takeover Day corporate challenge makes a real difference in our community. Volunteers will work in the kitchen, hamper packing, cool room and the shop.

Community Kitchen team: Spend the day with Chef Grant, working in the kitchen preparing, cooking or packaging meals.

Operational team: Sort and pack hampers that are distributed for emergency relief or through our Mobile Foodbanks.

Cool Room team: With extra motivation to keep moving, your team will bundle meat and cold meal packs for distribution through our Mobile Foodbanks.

**Shop team:** Work in our shop helping customers with their groceries.

Shopping Experience: Experience first hand what it is like for our customers with these real life shopping scenarios.

Enjoy lunch and a presentation about the impact that we make in the community.

At the end of the day we total up the meals prepared and hampers packed and compare your score with other Takeover Day teams.

Can you beat our current record? Take the Takeover Challenge today.

# Sign up today!

If you are interested in our corporate challenges, or if you have any questions, please call (08) 9463 3214 or email fundraising@foodbankwa.org.au

"The feedback from our staff was unanimously, "this was the best team building, event I've ever been involved". I saw leadership, teamwork, contribution, and competition from everyone involved. Ultimately, we achieved a great bonding experience, however most importantly we could contribute to immediate outcomes and build awareness to a worthy cause. Everyone left enlightened by the size and the scope of Foodbank, was an amazing day I'm proud we could participate."

Brent Campbell, Director
Oracle Group Insurance Brokers



# **Meals with Purpose Challenge**

\$5,500 inc GST Duration: Half day 8:15 am - 12:30 pm

Group size: 15-20 people

Location: 23 Abbott Road, Perth Airport

Free parking available

Are you ready to embark on a unique team-building experience that combines networking, team building, culinary creativity, and community impact? Our Meals with Purpose Challenge is an extraordinary opportunity for corporate groups to step into the world of a Foodbank WA customer and understand the impact of our services.

The Challenge offers an immersive half-day experience. From learning about food stress and relief to hands-on culinary adventures, this promises to be an unforgettable journey that combines learning, planning, shopping, teamwork, cooking and giving back.





**Engaging learning** 

Gain insights into the critical role that Foodbank WA plays in alleviating food stress issues within our community. Understand the impact of food waste and learn about the challenges faced by our customers.

The Mystery Box Challenge

Receive a comprehensive briefing on how to navigate the Foodbank Perth shop. Discover the nuances of budgeting and selecting items to create nutritious meals.

**Shopping experience** 

Put your newly acquired knowledge into action as you embark on shopping as a customer at Foodbank. Choose ingredients that align with a budget while keeping the nutritional needs of your meals in mind and the situation you are faced with.

#### **Lunch and Learn**

Indulge, reflect and share your learnings and culinary creations with your colleagues, our chef and the Foodbank team. What was your highlight? Or what did you personally find most challenging? Experience sharing your chef-inspired creations with your team over a well-deserved luncheon.

You will strengthen your team bond, enhance your problem-solving skills and give back to the community.

#### Sign up today!

If you are interested in this unique corporate challenge or if you have any questions, please call (08) 9463 3214 or email <u>fundraising@foodbankwa.org.au</u>



See available dates:

foodbank.org.au/WA/corporate-challenges







Feed. Educate. Advocate.

