



Corporate Volunteering Opportunities

**Feeding Western Australians
in need every day**

There are around 300,000 Western Australians going without regular meals

CORPORATE VOLUNTEERING IS A WORKFORCE THAT WE COULDN'T DO WITHOUT AND HELPS US TO ACHIEVE OUR PURPOSE. IT IS A GREAT WAY FOR YOU TO ENGAGE YOUR STAFF, FACILITATE TEAM BUILDING AND MOST IMPORTANTLY MAKE A DIFFERENCE IN OUR COMMUNITY.

Hello, we're Foodbank WA. We believe everyone should have access to healthy food. There are Western Australians going without every day, *and we are working hard to change that.*

We have an ambitious vision to end hunger in Western Australia by 2030.

We provide food and groceries to those who struggle to afford them. We also deliver nutrition education to promote healthy eating and advocate on behalf of people that experience hunger and food insecurity.

Last financial year we provided almost 7.8 million meals to Western Australians through our charity partners and schools. We do this with a small workforce and rely on regular and corporate volunteers to help us to sort, pack and prepare food for Western Australians who need it most.

Thank you for your interest in corporate volunteering with Foodbank WA.

Kate O'Hara
CEO, Foodbank WA

Meet Briony

The day Briony made her first trip to Foodbank WA's Centre for Hunger Relief, is a memory both bitter and sweet. She'd been given a ticket to survival, a fifty dollar voucher. Her rent was paid, the lights were on, she had nappies, baby Marlow had been fed, but Briony had been going without.

Three years earlier at age thirty, she never could have imagined being without food. She was fit, full of fun and loving her full time job working for an art supply specialist in Subiaco. Everything fell apart the afternoon she got a call from her doctor to come in urgently. Briony's breast cancer treatment started right away.

"People don't choose poverty. We shouldn't take anything for granted, especially after

the pandemic, there are a lot more people in this situation. Sometimes all it takes is someone filling up your pantry to give you the confidence to keep going."



HOW WE HELP

There are many reasons why people may need help to access good quality, healthy and affordable food. In many circumstances people only need help on a temporary basis to get through a difficult time due to an unexpected bill, health issues, family separation, rising living costs or loss of job security.



Feed

We provide access to food and groceries to everyday Western Australians who are struggling to afford regular meals.

Educate

We provide healthy eating and cooking classes to help people learn how to meal plan and prepare healthy meals on a budget.

Advocate

We raise awareness of the many societal reasons why people may find themselves in food stress and advocate for change.

WORKPLACE GIVING PROGRAM

Every dollar does make a big difference. Your support ensures we are there when we are needed most.

By joining our Workplace Giving Program you are showing your commitment to changing the future of children, individuals, and families here in Western Australia, one meal at a time.

You decide how much to donate from each pay, and your donations are pre-tax reducing your taxable income. Double your impact by asking your employer if they match employee donations!

It is easy to set up through your payroll system, eliminating the need for you to arrange cash or cheques or set up direct debits. Your generous support will help more Western Australians.

\$21

will help feed a child for a fortnight

\$45

will help feed a person for a month

\$90

will help feed a family for a fortnight

Corporate Volunteering Challenges

Mega Meal Challenge

\$5,000 ex GST

Duration: 1 week

Group size: 6 volunteers per day (30 total)

8.30am – 3.00pm Monday–Friday

Location: 23 Abbott Road, Perth Airport

Free parking available

A week-long corporate challenge that makes a difference. Over the week you will prepare, cook, package and label more than 1,000 meals.

The meals are then frozen and distributed to those who need them most through our six branches and charity partners.

At the end of the week we will total up the number of meals made and compare your score with the other Mega Meal teams.

Can you beat our current record? Take the Mega Meal Challenge today.

You will receive

- » Each day a volunteer will receive a 'Stirring Spoon' to take away to stir colleagues into action
- » Group photos to share on your social media and publications
- » End of day photo showing the impact of the volunteering experience
- » Morning tea
- » Lunch and a presentation about the impact Foodbank WA makes on the community
- » Framed participation certificate
- » Inclusion in our quarterly video of all our Corporate Challenges

Sign up today!

We hope to welcome you to our Centre for Hunger Relief at Perth Airport soon. If you are interested in our corporate challenges, or if you have any questions, please call (08) 9463 3214 or email volunteering@foodbankwa.org.au

See available dates:

foodbank.org.au/WA/mega-meal-challenge-takeover-day



"It's a great team building exercise. It's a bit of fun working in the kitchen and then at the end of the day, you're going home knowing that you've helped feed people in need."

Chef Grant, Foodbank WA

Takeover Day Challenge

\$110 ex GST per person (includes lunch)

Group size: 15–30 people (maximum)

Duration: 1 day

8.15am – 2.45pm Monday–Friday

Location: 23 Abbott Road, Perth Airport

Free parking available

The Takeover Day corporate challenge makes a real difference in our community. Volunteers are welcomed by Chef Grant and our warehouse crew who will provide an overview of Foodbank WA and tell the volunteers what they will be doing over the course of the day.

The Community Kitchen Team: Spending the day with Chef Grant, you will work in the kitchen either preparing, cooking or packaging meals.

The Warehouse Team: Sort and pack hampers that are distributed for emergency relief or through our Mobile Foodbanks.

And/or

The Cool Room Team: With extra motivation to keep moving, your team will bundle meat and cold meal packs for distribution through our Mobile Foodbanks.

Shopping Experience: Experience first hand what it is like for our customers with these real life shopping scenarios.

Enjoy lunch and a presentation about the impact that we make in the community.

At the end of the day we total up the meals prepared and hampers packed and compare your score with other Takeover Day teams.

Can you beat our current record? Take the Takeover Challenge today.

Sign up today!

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"The feedback from our staff was unanimously, "this was the best team building, event I've ever been involved". I saw leadership, teamwork, contribution, and competition from everyone involved. Ultimately, we achieved a great bonding experience, however most importantly we could contribute to immediate outcomes and build awareness to a worthy cause. Everyone left enlightened by the size and the scope of Foodbank, was an amazing day I'm proud we could participate."

Brent Campbell, Director
Oracle Group Insurance Brokers



